



SEA 2 SKY CHALLENGE ATHLETE GUIDE 2024 KIDS AQUATHON

A huge thanks to our event sponsors.



THE EVENT SCHEDULE

Friday 15 th March	
2:00-6pm	Race pack pick-up Waltham Swimming Pool 30 Waltham Road, Christchurch Turn right in reception into the Tri Club room
Saturday 16 th March	
12-3pm	Race pack pick-up Waltham Swimming Pool 30 Waltham Road, Christchurch Turn right in reception into the Tri Club room
Sunday 17 th March	
7:00am	Transition opens at Scarborough Domain
7:45am	CUT OFF TIME TO HAND IN RUN BAG (for athletes doing full Sea2Sky Challenge) – the bag will be given to you at pre-race registration, you must place your race number sticker on it as well as the 2 nd number around the drawstring. This bag will be transported for you to the bike to run transition at Godley Head There will a truck parked adjacent to the clock tower where you will place your run leg bags.
8:00am	RACE BRIEFING – excludes kids challenge
8:15am	TEAM RUNNERS DEPARTURE – meet by the bike exit of transition (next to toilets) for transport to Godley Head by bus. You can take a bag with clothing that will be returned after the race
8:30am	RACE START Sea2Sky Challenge Triathlon & Duathlon + Teams Challenge.
9:00am	RACE START – Run challenge from Sumnervale Reserve
9:00am	RACE START Try a Tri/ Du & Junior Tri/Du Note the duathlon starts from the swim exit steps.
9:05am	BRIEFING (next to the steps by the swim exit) – Kids aquathon challenge
9:15am	RACE START – Kids aquathon challenge
10:00am	Bike cut off for athletes to be past Evans Pass on route to Godley Head
From 11:00am	Bikes returned to Scarborough from Godley Head by truck
11:30am	Prize giving – on site at Scarborough

KEY INFORMATION

Thanks for entering. Please remember when you are racing we try as hard as we can to make your race as straight forward as possible. Respect your fellow competitors and the public whilst enjoying being out there on a stunning course. Remember to thank marshals and volunteers who are out there enabling you to participate.

Pre Race information

You will be kept up to date via email on any race developments and any changes to the schedule outlined above.

It is your responsibility to be in the appropriate physical condition for this event and do the appropriate training.

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Race Briefings

This document acts as your race briefing however we will go through the course with the children before starting.

Post race information

Trophies will be awarded to category winners along with medals to the top 3.
Prize giving will be held at 11:30am regardless if there are still athletes on the course
Note that age is taken as of 31/12/24

RACE DAY PROCEDURE

RACE TIMING

1. Race bib number – you will receive a race number at registration. This is to be worn on the front for the run.
2. Your timing chip – please strap your timing chip to your **LEFT** ankle using the velcro strap provided
3. Please ensure your timing chip is handed in when you have finished. Failure to do so will result in a \$50 fee to cover the cost of a replacement.
4. If you withdraw from the race at any point please ensure that you hand your timing chip to one of the timing team at the finish line.

KIDS AQUATHON RACE INFORMATION

Our kids event will be a fun swim/run race. **All the kids will get times** and will show up in results just like all the other athletes.

The kids meeting / transition area is on the steps in front of Scarborough Fare Cafe. There will be cones and signs marking the area.

SWIM / WADE

Subject to conditions the swim will be a one or two lap run through the water at knee depth. We normally like to push the kids to waist depth. We suggest kids wear a t-shirt during the wade with their number attached rather than changing at the transition.

We will allow parents to run with kids through the water if required.

Transition – the kids will have their shoes lined up along or next to the concrete steps on the beach. They should have a towel to dry their feet.



RUN 1km

The run will be ~ 500m along the beach Promenade before turning, they will turn again at the run turn point between the clocktower and the cafe to run down the finish chute.

MEDICAL

If you suffer from any medical conditions that may, in anyway affect your participation in the event you must have indicated this condition at time of entry.

If you have a problem please approach the officials by the finish area. The medical team will be in the Tri Club tent.

RESULTS

Results will be posted on www.sea2skychallenge.com within 24hrs of the race finishing. All entrants will also be emailed results

